



# CUIDAR

Cultures of Disaster Resilience among children and young people



## MAIN AIM

**CUIDAR** is a European wide project aiming to enhance **#the resilience** of children, young people and urban societies to disasters and enable disaster responders to meet children and young people's needs more effectively.



## TEAM

**Cuidar** consists of an outstanding collaboration of researchers and practitioners who have shared interests and a unique mix of skills and experience both inside and outside of academia.

The academic disciplines covered include sociology, environmental sociology, gender studies, science and technology studies, social psychology, cultural geography and children's geographies, special education and educational research.



Children and young people are one of the most affected groups in disaster situations and, paradoxically, also one of the most invisible groups.

## OBJECTIVES

- To better understand the risk perception, disaster needs and capacities of children and young people in urban societies.
- To strengthen children's understanding of emergencies and the actions they can take to prepare themselves, their families and their communities.
- Increased awareness and understanding amongst disaster responders and policy makers of children and young people's needs in disasters.
- More effective communication between disaster responders and children and young people in urban contexts.
- Improved disaster management framework, policies and practices that take into account the particular needs of children and young people in urban disasters.

## PROJECT ETHICS

- They must exercise their right to express their opinion and be heard in a safe environment.
- They must feel protected, but they must also be allowed to grow as active citizens.
- They must be provided with clear information in an accessible format and they must have the opportunity to ask questions.



## HOW TO MANAGE DISASTERS?

### FRAMEWORK OF MEASURES

Changing adults' preconceived ideas about childhood.

Increase the participation of children and young people in public spaces.

Work on emotions such as fear and anxiety with children and youth.

Getting children to participate and be heard.

To encourage communication between people of different ages and create a collective and living memory of disasters.

Explain risks to children and young people.



## WORKING WITH CHILDREN



Cuidar has organized numerous workshops for children and young people in countries such as **Greece, Italy, Portugal, Spain** and the **United Kingdom**, to create dialogues with them, to understand their perceptions of risk, strengthen their resilience and empower them to communicate their perceptions, priorities and needs in disasters.



## CHECK OUT THE VIDEO!

<https://www.youtube.com/watch?v=VKNH3I9TKLA>

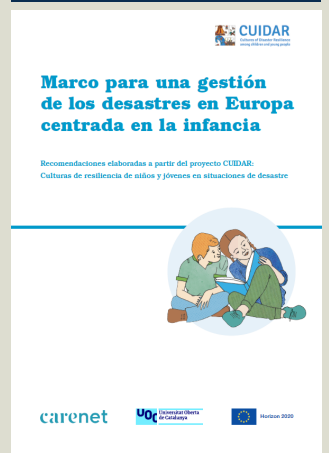
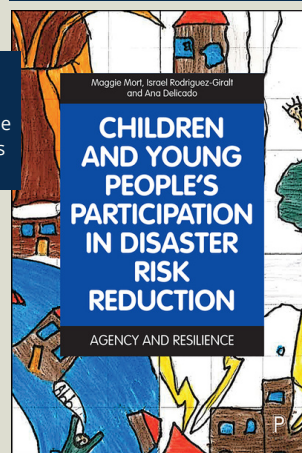


## TO LEARN MORE ABOUT CUIDAR...

Children and Young People's Participation in Disaster Risk Reduction. Agency and Resilience.

Framework for child-centered disaster for Child-Focused Disaster Management in Europe

Policy Brief  
La participación como herramienta para la resiliencia de niños y jóvenes ante situaciones de desastre



THE CUIDAR PROJECT 2015-2018

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<https://www.lancaster.ac.uk/cuidar/en/>

